

Download Hard Core Life Of My Own

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Hard-Core-Harley Flanagan 2016-09-05 As a homeless child prodigy, Harley Flanagan played drums for bands at Max’s Kansas City and CBGBs, and was taught to play bass by the famed black band Bad Brains, and drank with the notorious Lemmy of Motörhead. Most famously, Harley became a member of the famous hardcore band The Cro-Mags, and disputes accusations of stabbing two band members. Hardcore Zen-Brad Warner 2015-12-01 Zen, plain and simple, with no BS. This is not your typical Zen book. Brad Warner, a young punk who grew up to be a Zen master, spares no one. This bold new approach to the “Why?” of Zen Buddhism is as strongly grounded in the tradition of Zen as it is utterly revolutionary. Warner’s voice is hilarious, and he calls on the wisdom of everyone from punk and pop culture icons to the Buddha himself to make sure his points come through loud and clear. As it prods readers to question everything, Hardcore Zen is both an approach and a departure, leaving behind the soft and lyrical for the gritty and stark perspective of a new generation. This new edition will feature an afterword from the author. The Hardcore Truth-Bob Holly 2013-05-09 Long before he became ‘Hardcore Holly,’ Robert Howard was a fighter. From humble beginnings to fame as an internationally known superstar, The Hardcore Truth tells the story of Bob’s life including his 16 years working for Vince McMahon. In this rollercoaster tale of success and frustration, replete with missed opportunities, broken promises and a broken neck, Bob shares his uncompromising views on the present wrestling landscape with fascinating insights into the world leader in sports entertainment.

Hardcore Self Help-Robert Duff 2015-07-07 This book about dealing with anxiety is written in a conversational way that includes swearing. Hardcore California-Peter Belsito 1983 Generally acknowledged as the best study - both written and photographed - of the California hardcore scene. Album cover graphics in colour, hundreds of photos of bands and good text. Over 600 bands mentioned. NYHC-Tony Rettman 2014-11-20 An extensive oral history of New York City’s 1980s hardcore punk scene traces the evolutions of key contributors and rivalries as well as the influences of such factors as moshing, heavy metal and Krishna consciousness. Original. My Riot-Roger Miret 2019-04-09 “Miret’s captivating and harrowing, no-holds-barred account of a life lived in the trenches . . . You don’t have to be a major Agnostic Front fan to get maximum enjoyment out of this book. . . . A compelling read.” —Classic Rock Revisited “Miret’s memorable, affecting stories capture an important time in the hardcore music scene. . . . Equal parts music memoir and gritty coming-of-age story, it’s an eminently readable and fast-paced look at life during hardcore’s heyday. . . . Not just for music fans, My Riot is a valuable snapshot of an important time.” —Foreword Reviews “My Riot is a powerful and riveting read. A brutal look into the life of a man that did what he had to do to survive.” —Scott Ian, Anthrax Born in Cuba, Roger Miret fled with his family to the US to escape the Castro regime. Through vivid language and graphic details, he recounts growing up in a strange new land with a tyrannical stepfather and the roles that poverty and violence played in shaping the grit that became critical to his survival. In his ten years, he finds himself squatting in abandoned buildings with unforgettably eccentric runaways and victims of similar childhood trauma. With like-minded misfits he helps pioneer a new musical genre, but with money scarce and commercial success impossible, he turns to running drugs to support his family and winds up in prison. It’s the ultimate test of his toughness and perseverance that eventually sets him on a path towards redemption. My Riot is both an unflinching portrait of downtown New York in the 1980s and a testament to the perils of growing up too fast. “It’s a great read, tracing the roots of New York Hardcore via lots of crazy stories about potentially deadly situations. . . . Pick up this book and take a walk back in time through the Lower East Side when it was still a hair-raising adventure.” —D. Randall Blythe, Lamb of God Hardcore Love-D. W. Leonard 2014-05-21 WHY ARE YOU SO UNLUCKY AT LOVE? You’ve been a good person. Done all the “right things.” You’ve gone to school. You have a good job. You have a good life, but no one to SHARE it with. The truth is “Luck” has nothing to do with it AND you didn’t fail at Love. If you find yourself single, wondering why things never work out, this book is for you. Through the HARDCORE LOVE Philosophy, you will learn to identify your relationship issues and why you hit dead ends instead of the altar. HARDCORE LOVE teaches you to LOVE YOURSELF, FIRST. Helps you understand your love receptors and your 7 Emotional Pillars of Love. LEARN how to move past DESIRE and reach your relationship’s highest point! LOVE in a state of total confidence. DISCOVER the Love your Soul has yearned for your entire life. HARDCORE LOVE! Be Inspired! Hardcore Diaries-Mick Foley 2008-09-04 What does it feel like to fall through a flaming table for the very first time? Or the umpteenth time for that matter. In the fresh off-the-cuff style that has earned him legions of admirers and made his previous wrestling books massive worldwide bestsellers, Foley gives readers a blow-by-blow first-hand account of exactly what it is like to step into the wrestling ring. As a champion wrestler he was known both for his tenacity in the ring and for the fearlessness which led him to take extraordinary risks in any number of groundbreaking dangerous stunts. And as an industry insider he offers a unique perspective on what it was like to perform at that level which readers will never find anywhere else. In HARDCORE DIARIES Mick Foley will take fans right inside a hardcore match, vividly recreating his experiences, and revealing how mentally and physically preparing for this extremely challenging sport has helped him become the legend he is today.

American Hardcore-Steven Blush 2010-10-01 Hardcore, the hard-edged second generation of punk rock, whose peak period ranged from 1980 to 1986, has never before been captured in the way Steven Blush’s authoritative, extensively illustrated oral history revisits its dynamic and sordid past. All the major hardcore scenes, particularly in Southern California, San Francisco, Washington D.C., Boston, New York City and Texas are given provocative voice through its major players, from drugged-out suburban Metal misfits to shit-kicking skinheads to vegan anti-drug pacifists. American Hardcore; A Tribal History not only recapitulates an important and influential scene, its provocative and archival snapshots reveal the apocalyptic desperation of a singular time in American history. Author Steven Blush was a prime mover in the scene he writes about; in the 80s, he promoted many hardcore tours and shows, DJ an influential college radio show, and ran a record label. Later Blush published Seconds magazine, and wrote for Paper, Spin, Interview, Village Voice, Details and High Times magazines. The primary photographers included in this volume are Edward Colver and Karen O Sullivan. Flyers, set lists, logos, and record covers have been provided by many collectors, and the book includes an extensive discography of Hard core rock releases from 1980 to 1986. Hardcore Troubadour-Lauren St John 2004-01-20 If Steve Earle weren’t a living, breathing person, he’d be a character in a blues song – a raucous ballad about a gifted rebel who drank too much, lost most of his women in a blizzard of crack and cocaine addiction, and always came out on the wrong side of the law. Somewhere in the midst of all this, he also managed to weld rock to country, the Beatles to Springsteen, and bluegrass to punk, establishing himself among the most thoroughly original and politically astute musicians of his generation. Granted unrestricted access to Steve and his family and friends, Lauren St John has given us a sometimes shocking, often moving, and completely unvarnished biography of one of America’s most talismanic sons. Straight Edge-Tony Rettman 2017-11-06 Starting in 1981 via Minor Threat’s revolutionary call to arms, the clean and positive straight edge hardcore punk movement took hold and prospered during the 1980s, earning a position as one of the most durable yet chronically misunderstood music subcultures. Straight edge created its own sound and visual style, went on to embrace vegetarianism, and later saw the rise of a militant fringe. As the “don’t drink, don’t smoke” message spread from Washington, D.C., to Boston, California, New York City, and, eventually, the world, adherents struggled to define the fundamental ideals and limits of what may be the ultimate youth movement. Tony Rettman traces the story of straight edge from adolescent origins to enduring counterculture via fresh first-hand accounts from the clear and alert members of Minor Threat, SS Decontrol, Youth of Today, DYS, Slapshot, Uniform Choice, 7 Seconds, Stalag 13, Justice League, Chain of Strength, No for an Answer, Insted, Gorilla Biscuits, Judge, Bold, Projec

Hard Core Logo-Michael Turner 1996 Michael Turner’s novel-in-verse about the legendary punk band Hard Core Logo’s reunion tour transforms the rock ‘n’ roll road experience into a tale of broken dreams and shattered friendships. The feature film was released in the U.S. by Quentin Tarantino.

Hardcore Anxiety-Reid Chancellor 2019-09-10 Punk rock and mental health have been intertwined since the very beginning. Nervous breakdowns, anxiety, seeking acceptance, attempting to overcome internalized demons, and reacting to harmful and oppressive systems—punk rock embodies and emboldens all our feelings and experiences, positive and negative. Hardcore Anxiety charts and tracks punk movements from the 70s till today, from small towns to stadiums, from the struggles in our heads to the people actively harming us in our communities. Told from the point of view of a young man discovering punk and working through mental illness in Evansville, Indiana, this stunning nonfiction graphic novel gives punks the most important advice of all: “You aren’t alone. You’re going to make it through alive.”

My Damage-Keith Morris 2016-08-30 Keith Morris is a true punk icon. No one else embodies the sound of Southern Californian hardcore the way he does. With his waist-length dreadlocks and snarling vocals, Morris is known the world over for his take-no-prisoners approach on the stage and his integrity off of it. Over the course of his forty-year career with Black Flag, the Circle Jerks, and OFF!, he’s battled diabetes, drug and alcohol addiction, and the record industry...and he’s still going strong. My Damage is more than a book about the highs and lows of a punk rock legend. It’s a story from the perspective of someone who has shared the stage with just about every major figure in the music industry and has appeared in cult films like The Decline of Western Civilization and Repo Man. A true Hollywood tale from an L.A. native, My Damage reveals the story of Morris’s streets, his scene, and his music-as only he can tell it.

Mutations-Sam McPheeters 2020-02-11 How can so many people pledge allegiance to punk, something with no fixed identity? Depending on who and where you are, punk can be an outlet, excuse, lifestyle, escapism, conversation, community, ideology, sales category, social movement, punishable offense, badge of authenticity, reason to drink beer forever, or an aesthetic of belligerent incompetence. And if someone has a strong belief about what punk is, odds are they have even stronger feelings about what punk is not. Sam McPheeters championed many different versions. Over the course of two decades, he fronted Born Against, released dozens of records and fanzines, and toured seventeen times across the northern hemisphere. In this collection of essays, profiles, criticism, and personal history, he examines the diverse realms he intersected—New York hardcore, Riot Grrrl, Gilman street, the hidden enclaves of Olympia, and New England, and downtown Los Angeles—and the forces of mental illness and creative inspiration that drove him, and others, in the first place.

Straight Edge-Ross Haenfler 2006-06-09 Straight edge is a clean-living youth movement that emerged from the punk rock subculture in the early 1980s. Its basic tenets promote a drug-free, tobacco-free, and sexually responsible lifestyle—tenets that, on the surface, seem counter to those typical of teenage rebellion. For many straight-edge kids, however, being clean and sober was (and still is) the ultimate expression of resistance—resistance to the consumerist and self-indulgent ethos that defines mainstream U.S. culture. In this first in-depth sociological analysis of the movement, Ross Haenfler follows the lives of dozens of straight-edge youths, showing how for these young men and women, and thousands of others worldwide, the adoption of the straight-edge doctrine as a way to better themselves evolved into a broader mission to improve the world in which they live. Straight edge used to signify a rejection of mind-altering substances and promiscuous sex, yet modern interpretations include a vegetarian (or vegan) diet and an increasing involvement in environmental and political issues. The narrative moves seamlessly between the author’s personal experiences and theoretical concerns, including how members of subcultures define “resistance,” the role of collective identity in social movements, how young men experience multiple masculinities in their quest to redefine manhood, and how young women establish their roles in subcultures. This book provides fresh perspectives on the meaning of resistance and identity in any subculture.

Terry Funk-Terry Funk 2012-06 The professional wrestler shares his life story, career highlights, and experiences growing up in a wrestling family.

Hardcore from the Heart-Annie Sprinkle 2006-06-07 Presents a number of the author’s key performance texts and essays, and interviews with artists who have worked closely with her over the years, together with a critical introduction and commentaries. By locating her discourse on her own body, she renders exploitation impossible and refers to herself as a post-porn modernist .

Radio Silence-Nathan Nedorostek 2008 A singular document of the aesthetic of American Hardcore music and culture, this collection brings together unseen photographs, personal letters, original artwork, rare albums, 45s, T-shirts, fanzines and various ephemera from the hardcore scene circa 1978-1993. It includes more than 500 images and illustrations presented in a manner that abandons the aesthetic cliches normally used to depict the genre by letting the subject matter speak for itself. With contributions from such luminaries as Jeff Nelson of Minor Threat, Dave Smallay and Pat Dunbar.

Steel My Soldiers’ Hearts-David H. Hackworth 2003-05-06 The commanding officer of an infantry battalion in Vietnam in 1969 recounts how he took over a demoralized unit of ordinary draftees and turned it into an elite fighting force, and describes its accomplishments.

Hard Core-Tess Oliver 2016-12-16

Hardcore History-Scott E. Williams 2016-03-08 Extreme Championship Wrestling (ECW) was one extreme contradiction on top of another. An incredibly influential—but never profitable—company in the world of professional wrestling in the 1990s, it portrayed itself as the ultimate in anti-authority rebellion, but its leadership was working covertly with the World Wrestling Federation and the World Championship Wrestling. Most of all, it blurred the line between reality and the fantasy world of professional wrestling. Hardcore History: The Extremely Unauthorized Story of ECW offers a frank, balanced look at the evolution of ECW starting before its early days as a Philadelphia-area independent group and extending past its death in 2001. Featuring dozens of interviews with fans, officials, business partners, and the wrestlers themselves, this is a very balanced account of this bizarre company—and it’s sure to be extremely controversial for fans and critics of ECW, and wrestling, alike. Skyhorse Publishing, as well as our Sports Publishing imprint, is proud to publish a broad range of books for readers interested in sports—books about baseball, pro football, college football, pro and college basketball, hockey, or soccer, we have a book about your sport or your team. In addition to books on popular team sports, we also publish books for a wide variety of athletes and sports enthusiasts, including books on running, cycling, horseback riding, swimming, tennis, martial arts, golf, camping, hiking, aviation, boating, and so much more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to publishing books on subjects that are sometimes overlooked by other publishers and to authors whose work might not otherwise find a home.

Saint Mick-Mick Foley 2017-10-17 From beloved #1 New York Times bestselling author and WWE Hall-of-Famer Mick Foley comes a Yuletide tale like no other. After a lifetime of putting his body on the line to entertain his dozens (and dozens!) of fans, the Hardcore Legend is paying the price - physically and emotionally. When the final bell on Mick’s career tolls, not in the ring, but in a neurologist’s office, his future seems far from merry and bright. Until Mick is given the chance to become Santa Claus - not dress up, not pretend, but become Santa - allowing him to rediscover the joy of performing. Fully committing to his new mission, Mick details the drastic measures he takes to keep the Christmas magic alive for his young children, as well as the many children he meets in and in need of some Christmas Spirit. In order to fully embrace his new red-suited responsibilities, Mick enters the fascinating world of the Santa subculture, where he hones his Christmas craft while worrying he’ll be excommunicated from the Santa world for, among other things, his Santa character being run over by a motor vehicle on Christmas Eve on WWE television. And with the help of an unlikely elf - 8-time Grammy award winner Norah Jones - Mick learns valuable lessons about the real power and responsibility of wearing the red suit. Because true success as Santa comes not by appearing in front of millions on TV, but by touching peoples’ lives by creating “Santa moments” for both the young and the young at heart. Part jolly memoir, part whimsical ode to a lifetime love affair with Christmas, part solemn tribute to the power of finding the best part of oneself in the unlikelyst of places, Saint Mick offers the magic of Christmas on every single page. With a foreword by Stephanie McMahon, and featuring never-before-seen photos of the whole Foley family!

The Hard Stuff-Wayne Kramer 2018-08-14 Wayne Kramer, legendary guitarist and cofounder of Detroit proto-punk band The MC5, shares the chaos, triumphs, and struggles of a revolutionary life in this “engaging” tell-all memoir (Rolling Stone). In January 1969, before the world heard a note of their music, The MC5 was on the cover of Rolling Stone. The missing link between free jazz and punk rock, they were raw, primal, and, when things were clicking, absolutely unstoppable. Led by legendary guitarist Wayne Kramer, The MC5 was a reflection of the times: exciting, sexy, violent, chaotic, and out of control, all but assuring their time in the spotlight would be short-lived. They toured the country, played with music legends, and had a rabid following, their music acting as the soundtrack to the blue collar youth movement springing up across the nation. Kramer wanted to redefine what a rock ‘n’ roll group was capable of, and there was power in reaching for that, but it was also a recipe for disaster, both personally and professionally. The band recorded three major label albums but, by 1972, it was all over. Kramer’s story is (literally) a revolutionary one, but it’s also the deeply personal struggle of an addict and an artist, a rebel with a great tale to tell. The ‘60s were not all peace and love, but Kramer shows that peace and love can be born out of turbulence and unrest. From the glory days of Detroit to the junk-sick streets of the East Village, from Key West to Nashville and sunny L.A., in and out of prison and on and off of drugs, his is the classic journeyman narrative, but with a twist: he’s here to remind us that revolution is always an option.

The Hardcore War-Winter Morgan 2015-10-06 Noah and Violet, treasure hunters and protectors of the Overworld, are back in this sixth and final installment of the League of Griefers series. Someone has changed the environment from survival to hardcore. Now if you get destroyed, you can’t respawn. Noah and Violet must find a way to get the world back to survival while fighting off another griever war staged by the evil Daniel and his band of Rainbow Griefers. There’s no room for error in this battle against time. With Creepers lurking in the dark and teleporting Endermen appearing out of nowhere, the duo have a lot more on their hands than only Griefers. They must use all their knowledge and skills to fight off nearly every kind of mob known to Minecrafters. Can they stop the Griefers and restore the world to the way it was before they get destroyed? Find out in this thrilling sixth and final installment of the League of Griefers series! Sky Pony Press, with our Good Books, Racehorse and Arcade imprints, is proud to publish a broad range of books for young readers—picture books for small children, chapter books, books for middle grade readers, and novels for young adults. Our list includes bestsellers for children who love to play Minecraft; stories told with LEGO bricks; books that teach lessons about tolerance, patience, and the environment, and much more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

Hard-Core Joy-Jenny Wright 2014-03-14 Do you feel like you do everything you’re supposed to as a Christian, but still feel miserable? Do you hear people talk about joy and read about it in scripture, but struggle to experience it yourself? Do you do more, buy more, pray more, sacrifice more and be more to more people, hoping to stumble upon that one elusive thing that keeps you from happiness? It may be time to change your strategy.In Hard-Core Joy: 60 Days of Igniting Joy by Strengthening Your Walk with Jesus, indie author, preacher and Bible teacher Jenny Wright takes the reader on a sixty day journey through Biblical truth, smashing their false beliefs and searching out the hardened places in their hearts. Jenny’s engaging style and unique perspective challenges even the most seasoned believer to shake the dust from their thought life and let the “hard-core” joy of Jesus Christ fill their hearts and mind. “Hard-core” joy requires taking a “hard-core” journey through the soul, and this book points out where to go and encourages the reader along the way.

The Unusual Suspect-Stephen Baldwin 2007-09-12 Stephen Baldwin reveals his unbelievable change from a hardcore party boy to a hardcore follower of Jesus Christ. The core of his message: “You must be willing to try faith God’s way, not yours, and when you do you will find a life beyond anything you could have dreamed.”

The Evolution of a Cro-Magnon-John Joseph 2017-03-14

Hard-Core Romance-Eva Illouz 2014-05-22 From its beginnings in Twilight fan-fiction to its record-breaking sales as an e-book and paperback, the story of the erotic romance novel Fifty Shades of Grey and its two sequels is both unusual and fascinating. Having sold over seventy million copies worldwide since 2011, E. L. James’s lurid series about a sexual ingénue and the powerful young entrepreneur who introduces her to BDSM sex has ingrained itself in our collective consciousness. But why have these particular novels—poorly written and formulaic as they are—become so popular, especially among women over thirty? In this concise, engaging book, Eva Illouz subjects the Fifty Shades cultural phenomenon to the serious scrutiny it has been begging for. After placing the trilogy in the context of best-seller publishing, she delves into its remarkable appeal, seeking to understand the intense reading pleasure it provides and how that resonates with the structure of relationships between men and women today. Fifty Shades, Illouz argues, is a gothic romance adapted to modern times in which sexuality is both a source of division between men and women and a site to orchestrate their reconciliation. As for the novels’ notorious depictions of bondage, discipline, and sadomasochism, Illouz shows that these are as much a cultural fantasy as a sexual one, serving as a guide to a happier romantic life. The Fifty Shades trilogy merges romantic fantasy with self-help guide—two of the most popular genres for female readers. Offering a provocative explanation for the success and popularity of the Fifty Shades of Grey novels, Hard-Core Romance is an insightful look at modern relationships and contemporary women’s literature.

Mastering the Core Teachings of the Buddha-Daniel M. Ingram 2018-06-06 The very idea that Buddhist teachings can be mastered will arouse controversy within Buddhist circles. Even so, Daniel Ingram insists that enlightenment is an attainable goal, once our fanciful notions of it are stripped away, and we have learned to use meditation as a method for examining reality rather than an opportunity to wallow in self-absorbed mind-noise. This book sets out concisely the difference between concentration-based (sometimes referred to as Zen) and insight (Vipassana) meditation. The author provides example practices and, most importantly, he presents detailed maps of the states of mind we are likely to encounter and the stages we must negotiate as we move through clearly defined cycles of insight.

The ONE Thing-Gary Keller 2013-04-01 • More than 500 appearances on national bestseller lists • #1 Wall Street Journal, New York Times, and USA Today • Won 12 book awards • Translated into 35 languages • Voted Top 100 Business Book of All Time on Goodreads People are using this simple, powerful concept to focus on what matters most in their personal and work lives. Companies are helping their employees be more productive with study groups, training, and coaching. Sales teams are boosting sales. Churches are conducting classes and recommending for their members. By focusing their energy on one thing at a time people are living more rewarding lives by building their careers, strengthening their finances, losing weight and getting in shape, deepening their faith, and nurturing stronger marriages and personal relationships. YOU WANT LESS. You want fewer distractions and less on your plate. The daily barrage of e-mails, texts, tweets, messages, and meetings distract you and stress you out. The simultaneous demands of work and family are taking a toll. And what’s the cost? Second-rate work, missed deadlines, smaller paychecks, fewer promotions—and lots of stress. AND YOU WANT MORE. You want more productivity from your work. More income for a better lifestyle. You want more satisfaction from life, and more time for yourself, your family, and your friends. NOW YOU CAN HAVE BOTH — LESS AND MORE. In The ONE Thing, you’ll learn to * cut through the clutter * achieve better results in less time * build momentum toward your goal* dial down the stress * overcome that overwhelmed feeling * revive your energy * stay on track * master what matters to you The ONE Thing delivers extraordinary results in every area of your life—work, personal, family, and spiritual. WHAT’S YOUR ONE THING?

Urban Styles-Freddy Alva 2017-10 Urban Styles chronicles the under the radar phenomenon of Punk Hardcore music blending with Graffiti in the metropolis known as New York City. This tale is told through the eyes of band members that were adept at wielding spray cans and writers that represented New York Hardcore on the streets as well as related iconography that reinforced the connection between these two subcultures. The conventional notion of what a graffiti writer is supposed to look and be into, is challenged, as stated on this quote from the book’s jacket: “When you hear the term Graffiti Artist most people think of B-Boys in Kangol hats parachute pants and break dancing. No one thinks shaved heads, Doc Martens and CBGB mos pits! But there was and is a strong connection between the NYC graffiti scene and the NY Hardcore scene...” Lou Koller from Sick Of It All A vital component of this synthesis was, the native to NYC, inclusion of Hardcore fans within traditional Graffiti crews, sometimes at odd with one another, but always united in spreading the aesthetic of this music onto a wider visual medium. Inside the book you’ll find interviews with key crew members as well as the first writers who played in bands; the ones that followed them and the modern day practitioners that are still upholding this tradition. There is also a plethora of iconic images within, culled from record/demo tape covers, flyers, t-shirts and paintings that celebrate the union of these two street cultures, most of them never seen or done specifically for the book. Underground movements, art, music, sociology, urban cultures; all of these disparate yet related topics are a piece of the puzzle. They collectively shine a spotlight on subcultures that have gone on to have a far reaching influence onto the world-at-large and it all can be traced back to this concrete jungle known as the big apple.

Ask a Manager-Alison Green 2018-05-01 The ideal graduation gift for anyone about to enter the workforce, a witty, practical guide to 200 difficult professional conversations—featuring all-new advice from the creator of the popular website Ask a Manager and New York’s work-advice columnist. There’s a reason Alison Green has been called “the Dear Abby of the work world.” Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don’t know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You’ll learn what to say when • coworkers push their work on you—then take credit for it • you accidentally trash-talk someone in an email then hit “reply all” • you’re being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with your work • your cubemate’s loud speakerphone is making you homicidal • you got drunk at the holiday party Advance praise for Ask a Manager “A must-read for anyone who works . . . [Alison Green’s] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work.”—Booklist (starred review) “I am a huge fan of Alison Green’s Ask a Manager column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor.”—Robert Sutton, Stanford professor and author of The No Asshole Rule and The Asshole Survival Guide “Clear and concise in its advice and expansive in its scope, Ask a Manager is the book I wish I’d had in my desk drawer when I was starting out (or even, let’s be honest, fifteen years in).” —Sarah Knight, New York Times bestselling author of The Life-Changing Magic of Not Giving a F*ck

Hardcore #1-Andy Diggle 2018-12-19 Imagine being able to take over the body of anyone on Earth. Sound crazy? Not for Agent Drake and the Hardcore Program. They can turn any person into a human drone to get to targets that normal soldiers can’t. Drake is the best soldier Hardcore has to offer. But when he gets stranded in a body with only 72 hours to discover who’s hijacked the Program, heOll have to pull out all the stops against an enemy who could be literally anyone. From the creative minds of ROBERT KIRKMAN and MARC SILVESTRI, and presented by ANDY DIGGLE (THIEF OF THIEVES, Losers) and ALESSANDRO VITTI (Secret Warriors), comes a new Skybound Original that shows you how to save the world without getting your hands dirty.

Louder Than Hell-Jon Wiederhorn 2013-05-14 The definitive oral history of heavy metal, Louder Than Hell by renowned music journalists Jon Wiederhorn and Katherine Turman includes hundreds of interviews with the giants of the movement, conducted over the past 25 years. Unlike many forms of popular music, metalheads tend to embrace their favorite bands and follow them over decades. Metal is not only a pastime for the true aficionados; it’s a lifestyle and obsession that permeates every aspect of their being. Louder Than Hell is an examination of that cultural phenomenon and the much-maligned genre of music that has stood the test of time. Louder than Hell features more than 250 interviews with some of the biggest bands in metal, including Black Sabbath, Metallica, Megadeth, Anthrax, Slayer, Iron Maiden, Judas Priest, Spinal Tap, Pantera, White Zombie, Slipknot, and Twisted Sister; insights from industry insiders; family members, friends, scenesters, groupies, and journalists; and 48 pages of full-color photographs.

Hard Core-Madison Faye 2017-11-26 She’s sweet, pure, and untouched, and she’s about to lose her innocence on camera. To me. Trust me, I’m no p*rn star, even if I do have the equipment of one. But when the Moretti crime family comes calling to collect on a debt I owe, they want it in trade. You see, there’s big money in dirty movies, and the more real, the better. Me? I’m already filthy, damaged goods from my time in Afghanistan. But then I meet Rose, my “co-star”, and my whole world shatters. She owes the Moretti’s too, but she’s too good for all of this. Too sweet, too beautiful - too innocent. And I’m d*mned if I let them steal that away from her. It’s wrong that I want to. But one taste of her lips, and I’m hooked. One touch of her soft skin, and I know Rose is going to be mine. Not the camera’s. Mine. The virgin with the debt, the ex-marine with the d*ck, and a p*rn*o for the mob.

Welcome to Vegas, baby.*Please note that while a connected storyline, each of the Dirty Bad Things books are completely standalone stories centered around one couple, with no cliffhangers or spoilers.Dirty, filthy, and oh-so-sweet, with an utterly obsessed alpha hero, explosive insta-love, and enough kindle-melting steam to make you sweat. Get ready to get wrong in the right kind of way. HEA with NO CHEATING! Crossover the Edge-Alexandros Anesiadis 2019-06-03 During the 1980s, a time of conflict among alternative and increasingly tribal musical subcultures, an interesting compromise began to take form in the hardcore, punk and metal worlds. Blending the musical and visual elements of all three, this scene within several scenes came to be known as Crossover. Pulling together bands from diverse subcultural backgrounds (including the Skinhead, Oi and Anarcho scenes) to create a unique fusion whose appeal reached out to a large proportion of each of their fans, the movement was nevertheless overlooked by purists from each side. But inarguably, Crossover (or “Speedcore” as some came to call it), led a fresh air to a metal scene at risk of stagnation, and brought a welcome atmosphere of experimentation to punk rock. Crossover The Edge contains in-depth features on over 100 key bands from the scene’s 1980s heyday, including Agnostic Front, Cro Mags, Crumbsuckers, Leeway, Gang Green, Nuclear Assault, Lethal Aggression, D.R.I., Corrosion of Conformity, Impulse Manslaughter, Verbal Abuse, Attitude Adjustment, Suicidal Tendencies, Excel, Beowulf, Dr. Know, Septic Deaf, Cryptic Slaughter, Accused, Dayglo Abortions, Discharge, Broken Bones, English Dogs, Sacrilege, Warfare, Raw Power, Rumble Militia, Lobotomia, Overkill L.A., Mentors, Void and Amebix. Another 500 bands are also featured briefly.

Rich Boy Cries for Momma-Ethan H. Minkser 2012-12-01 Set in Washington, D.C. during the turbulent 1980s, Rich Boy Cries for Momma is a coming of age novel told from the perspective of the good son turned teenage punk rocker. While the so-called nice kids of the Washington elite bully and reject the teenager because of his dyslexia, the punk rock scene accepts him as he is. This fast-paced story pulls us into the teenager’s dangerous and erratic new world filled with violence and drugs, yet funny and touching. A disparate cast of characters - from the rich, powerful and successful to the beaten, broken and besmirched - become entangled in the punk rock subculture. We follow alongside the somewhere-in-between teenager as he wades through his learning disability and relationships that sometimes betray his perceptions, sometimes break his heart and sometimes save his life. Minkser has arranged Rich Boy Cries for Momma chronologically, basing it on the life and experiences of the narrator as he journeys from adolescence into adulthood. The story follows the narrator as he ages from 11 to 20 years, his growth and education influenced by the events of his time and his perception of those events. Through the teenager’s life experiences, the concepts of class and social status, good and evil, and the existence of a moral and social order are all examined, as the teen speculates upon his own personal beliefs and his place in the universe. Minkser uses a smooth linear narrative structure and a conversational writing style, with vivid characters, making the story fast-paced and highly readable. A biting, witty sense of humor entwines and overlays the serious, often tragic, events that unfold in the book. Rich Boy Cries for Momma features ink and paper drawings that capture the essence of DC in the 1980s. The book also contains the lyrics of more than two dozen songs of the hard-core punk rock bands of that era.

The Book of Life-J Krishnamurti 2001 Inspired By Krishnamurti S Belief That Truth Is Found Through Living, The Book Of Life Presents 365 Timeless Daily Meditations. Developed Thematically Over Seven Days, Illuminating The Concepts Of Freedom, Personal Transformation, Living Fully Awake And Much More. For Everyone Who Has Come To Cherish The Wisdom Of This Extraordinary Spiritual Sage As Well As Anyone Discovering Krishnamurti For The First Time The Book Of Life Is A Profound Collection Of Insights To Treasure Everyday. The Story Of Mankind Is In You, The Vast Experience, The Deep-Rooted Fears, Anxieties, Sorrow, Pleasure And All The Beliefs That Man Has Accommodated Throughout The Millennia. You Are That Book. J. Krishnamurti

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